

First-Step™ Portable Leg Bath

"A collapsible and portable leg-bath providing a practical, effective and convenient solution for patients requiring lower limb care."



Maureen Scott, Community Staff Nurse (foreground and left), inventor of the First Step™ Leg Bath, demonstrates the use and portability of her innovative device

Designed to be assembled, disassembled and carried easily, the First-Step™ Leg Bath is a convenient solution for people that suffer from, or care for, lower limb disorders, such as leg and foot ulcers, chronic obstructive pulmonary disease and other conditions that require the lower limbs to be bathed in solutions or emollients.

The Problem: Treatment of lower limb disorders using conventional buckets and bowls – which are often not sterile – is time consuming and difficult for patients unable to lift their legs. The main drawback is that treatment carried out in this way does not soak the patient's leg for enough time and has a tendency to create a lot of secondary infections.

The Solution: First-Step™ is a simple solution to this problem. It consists of a bath made from durable plastic fabric supported on a sturdy metal frame, which can be easily dismantled and transported in its own back-pack. It has a maximum undisplaced capacity of 30 litres and can be lined with a disposable membrane. The frame can be adjusted to lower or raise the volume of the bath allowing easy use for patients with limited leg mobility. After use, liquid can be removed with the bucket and battery-powered siphon.



The First-Step™ Leg Bath
Product Code MPC: 40151

- Benefits of First-Step™:**
- ◆ Quick and easy to use and clean
 - ◆ Reduces the risk of cross-infection
 - ◆ Offers greater patient comfort
 - ◆ Convenient to stow away and carry
 - ◆ Meets all health, safety and best infection control protocols
 - ◆ Suitable for use in both hospital and home environments

The First-Step™ Portable Leg Bath has been developed by MDTi from within the NHS to provide improved patient care and comfort in the treatment of lower leg disorders.



NHS Newcastle and North Tyneside
Community Health NHS Innovations North

EASY ~ EFFICIENT ~ EFFECTIVE

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