

- 3 After treatment is over and used water disposed of, spray the inside of Collapsible Bucket (8) with the 1:400 mix of Difficil-S®.
- 4 Pour into the Collapsible Bucket the remainder of the 200ml of Difficil-S® 1:400 concentrate.
- 5 To clean the Siphon, pour 1 litre of cold water into the Orange Bucket and add the remaining Difficil-S® concentrate.
- 6 Use the Siphon to empty the bucket, taking care to dispose of the used water and cleaning fluid. Run clean water through the Siphon for at least 1 minute.
- 7 Allow the Siphon to drain for at least 5 minutes before re-using.
- 8 The metal components of the Base Frame (1) and Bath Rim (6) may be dismantled by removing the wing nuts and firmly pulling apart. These parts, along with the Support Bar (3), may be cleaned with disinfectant wipes.

*For more information on Difficil-S® go to www.difficil-s.com. Difficil-S® can be obtained via NHS Supply Chain, code: PR4079

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For any queries about using your First-Step® Leg Bath, please call Monday-Friday, 9.00am to 5.00pm. An answer-phone will be available out of these hours. Calls are charged at the UK standard rate.

The First-Step® Portable Leg Bath

Model number: 40151



User Manual

Please read carefully before assembling.
Always follow instructions before use.

Diagram of components



- 1 Base Frame
- 2 Protective Lining (not supplied)*
- 3 Support Pole
- 4 Carrying Rucksack
- 5 Bath Bag
- 6 Bath Rim
- 7 Siphon (batteries included)
- 8 Orange Bucket (for emptying the Bath)
- 9 Blue Bucket (for filling the Bath)

*Protective lining may be obtained from local supply chains.

Assembly

- 1 Remove all components from the Carrying Rucksack (4).
- 2 Place Base Frame (1) on the floor and insert Support Pole (3) into the hole on the top of the Base Frame. Fix with wing-bolt.
- 3 Insert Support Pole (3) into Bath Rim (6) and lower the Rim as far down as it will go.
- 3 Insert Protective Lining (2) into the Bath Bag (5) so that it lines the bag completely and comes over the Bath Rim.
- 4 The First-Step[®] Leg Bath is now ready for use.

How to use

- 1 Position the Leg Bath with Support Pole closest to clinician. Ask patient to place their limb into the bath while the Bath Rim is fully lowered.
- 2 Raise the Bath Rim (6) to the desired height and secure firmly with the metal pin affixed by lanyard to the rear of Bath Rim.
- 3 Fill the bath to desired level (the Blue Bucket (8) can be used for this). The Bath Bag (5) holds approx. 30 litres.
- 3 When finished, use the Siphon (7) (press orange button at top end) to remove the used liquid to the Orange Bucket.
- IMPORTANT: Always use one colour bucket for filling and the other for emptying.
- 4 When Bath Bag (5) is empty, lower the Bath Rim (6), ask the patient to remove their limb, then dispose of the Protective Lining (2).
- 5 Disassemble the Leg Bath, clean and disinfect (see Cleaning and maintenance) and replace in carrying rucksack.

Cleaning and maintenance

To maintain standards of hygiene and prevent cross-infection, the First-Step[®] Leg Bath, Siphon (7) and Collapsible Bucket (8) should be cleaned and disinfected after each use.

- 1 Make up a mix of Difficil-S[®] (or any other similar disinfecting agent) in a 10 litre container as per manufacturer's instructions. NOTE: Once mixed, Difficil-S[®] has a life of 14 days.
- 2 Before making patient visit, fill a spray container with 200ml of 1:400 mix of Difficil-S[®].